

Young Mothers Training Uganda

aims to empower young mothers and vulnerable youths through skills training, guidance, counselling, education, support, and community development programs. These activities are highly needed within our community and will greatly contribute towards reducing poverty, unemployment, and social challenges affecting young mothers and youths.

Munyami Abdul
LC1 Chairperson, Kayabwe Town Council

The social project **Young Mothers Training Uganda** is based in the small town of Kayabwe. It is located 80 kilometers west of Uganda's capital, Kampala, right on the equator, three kilometers north of Lake Victoria.

If you would like to support these young mothers, here are your options:

Donation to "Our Children and Our Future e.V." with the reference "Mütter-Schulung – Patrick" (tax-deductible). 100 % of the donation will be forwarded to YMTU.

Personal sponsorship for a young single mother and her child (€ 60,- per month). This covers a contribution toward education, room and board, as well as childcare or school tuition for one child.

Donation Account

Our children and our future e.V.
Reference: Mütter-Schulung – Patrick
IBAN: DE02 3406 0094 0006 0648 10
Volksbank im Bergischen Land

Volunteering

We would be delighted if you would join our volunteer team and help out with specific tasks.

Patrick Idriisa Sserubula

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Volunteer team

Norbert Schwab & Karl von Koerber
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Patrick with a young mother, who wants to start the training program

To meet this challenge, Patrick Idriisa Sserubula skillfully and passionately founded the social project **Young Mothers Training Uganda** (YMTU). Single mothers, some of whom are still minors, and disadvantaged young people receive basic vocational training and computer skills. Through hands-on training, counseling, and ongoing support, they acquire the skills needed to earn a basic income and thus embark on a new, hopeful path.

In close collaboration with its project partner **Kayabwe Fashions**, YMTU offers a one-year tailoring apprenticeship and six-month computer courses. Additional programs, such as a baking apprenticeship, will be added gradually. An apprentice dormitory supports mothers who have a long commute or additional support needs, by providing a safe and empowering environment.

Tailoring orders for trousers, shirts and school uniforms already cover a portion of the running costs. Currently, nine young people are trained by Patrick and his team.

They would like to expand their involvement and enable more single young mothers and disadvantaged youths to secure their livelihoods and develop their potential.



Many girls in Uganda become pregnant unintentionally, some as young as 15! The fathers usually disappear and in some cases, the mothers are rejected by their families. There are no government support programs, so they generally cannot complete their schooling, let alone begin vocational training.

With their young children, they have little chance of holding down a regular job that would allow them to adequately support themselves and their children. In traditional tribal societies, such as those that still exist in parts of Uganda today, raising children was the responsibility of the entire village. Today, young mothers are often left to fend for themselves and live with their children in precarious conditions, sometimes even on the streets.



Computer lesson



Naddamba Lydia when sewing trousers